

## Health Minister launches new Initiatives for Tele MANAS app

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### Tele MANAS App will now be available in 10 regional languages



On the occasion of the World Mental Health Day 2025, Union Minister of Health and Family Welfare, Jagat Prakash Nadda launched several new initiatives for the National Tele Mental Health Programme (Tele MANAS).

The new initiatives include launch of Tele MANAS App Enhancements (Multi-lingual UI, Chatbot, Accessibility, Emergency Module). Tele MANAS App will now be available in 10 regional languages, in addition to the English and Hindi languages. These languages include Assamese, Bengali, Gujarati, Kannada, Malayalam, Marathi, Tamil, Telugu, Odia, Punjabi. This step is towards providing mental health support in regional languages for enhancing accessibility.

In addition, recognising that persons with disabilities and vulnerable groups face barriers in accessing digital health services, the app now includes accessibility features to make the interface more user-friendly for visually impaired users. A chatbot feature ('Asmi') has also been introduced, allowing users to engage with the app and seek information or help regarding mental health. Furthermore, emergency response content has been incorporated to ensure timely guidance and support during emergencies.

Speaking on the occasion, Nadda remarked that "a sound mind leads to a sound body and a healthy mind and a healthy body lead to a healthy nation." He said, "India is committed to ensuring equitable, affordable, and inclusive access to mental health services. With the launch of the new features in the Tele-MANAS app, we are strengthening our preparedness to respond effectively to mental health emergencies and expanding the reach of digital innovations to every corner of the

country. Moving a step closer towards normalising discussions around mental health is crucial to reducing stigma and highlighting mental health as an integral aspect of public health in India."