

Apollo AyurVAID inks MoU with Vivekananda Yoga University to advance global access to higher education in Ayurveda

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Ayurveda and Integrative Medicine training courses will be developed and offered globally



Apollo AyurVAID, a pioneering chain of next-generation, precision Ayurveda hospitals, and a member of Apollo Hospitals Group, has signed a Memorandum of Understanding (MoU) with Vivekananda Yoga University (VaYU), USA, the first Yoga university outside India dedicated to graduate education and research in Yoga licensed by Bureau for Private Postsecondary Education (BPPE), State of California, USA.

VaYU, USA offers online MS and PhD in Yoga in therapy and philosophy, and is also the first and only Indian Knowledge Systems university that has achieved candidacy accreditation from WASC Senior College and University Commission (WSCUC). This partnership shall make globally accessible quality, accredited, continuing-education in Yoga, Ayurveda and Integrative Medicine.

Apollo AyurVAID and VaYU shall co-develop academic programmes, training, upskilling and evidence-based research in integrative medicine, with the opportunity to offer best-in-class clinical internships and fostering outreach opportunities in Ayurveda and Yoga to a global audience.

Commenting on the development, Rajiv Vasudevan, Founder, MD & CEO, Apollo AyurVAID Hospitals, said, "Together, we will develop and offer precision Ayurveda, Yoga and Integrative Medicine training courses through degree and certificate

programs that will be made available to the global community through VaYU. This collaboration shall equip the next generation of healthcare professionals and accelerate the mainstreaming of scientific Yoga and Ayurveda.”

Dr Sree N. Sreenath, Founder President, Vivekananda Yoga University, added, “Through this partnership, VaYU students will gain first-hand experience in Ayurveda and Yoga clinical care at Apollo AyurVAID's centres across India, enriching their learning through immersion, observership, and internship programs. Equally important, we will work together to organise outreach initiatives including seminars, conferences and lectures that bring the Indian knowledge systems of Yoga and Ayurveda to a wider audience. This partnership strengthens VaYU's mission of combining scientific rigor with ancient wisdom while expanding opportunities for our students and communities worldwide.”

The partnership shall also focus on capacity building, with Apollo AyurVAID staff receiving specialised training in yoga therapies through degree and certificate programs. Additionally, Ayurveda and Integrative Medicine training courses will be developed and offered globally by Apollo AyurVAID in collaboration with VaYU or in partnership with third parties through VaYU's academic platform. To maximise reach and impact, the MoU will further harness the latest technologies and innovative practices, ensuring rapid dissemination and scalable outcomes.