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Lupin Digital Health introduces comprehensive post-cardiac procedure home-based care guide

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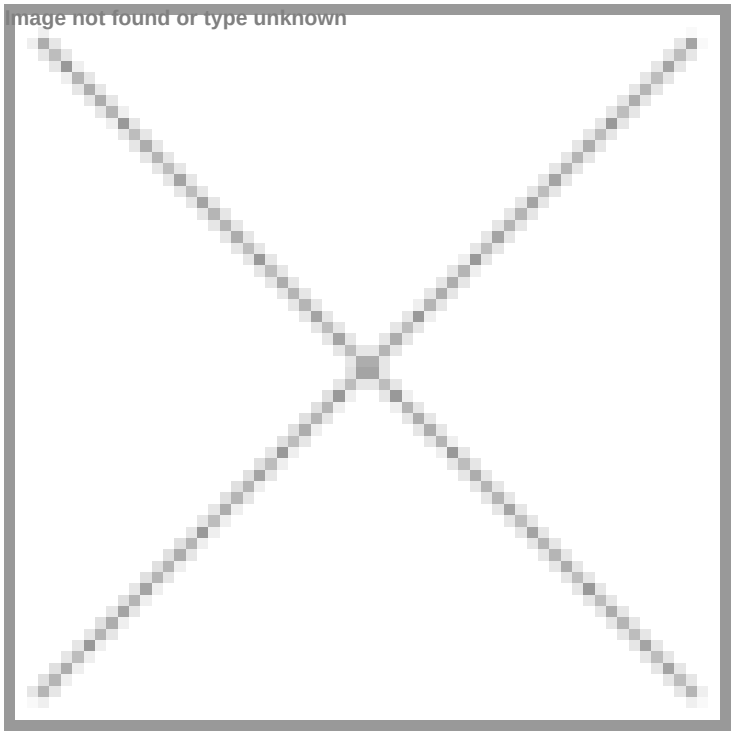
An initiative aimed at improving patient recovery and well-being following cardiac procedures



Lupin Digital Health (LDH), India's leading evidence-based Digital Therapeutics (DTx) platform, has announced the launch of its comprehensive *Post-Procedure Home-Based Care Guide* at India Live, an annual confluence of leading interventional cardiologists from the Asia Pacific Region, held at Jio World Convention Centre in Mumbai.

This guide is based on the American College of Cardiology (ACC)'s 'Home-Based Care Workbook' and has been developed by LDH along with the workgroup constituted by the ACC.

Co-authored by eminent cardiologists Dr JPS Sawhney, Dr Prafulla Kerkar, Dr Harikrishnan and Dr Aditya Kapoor along with Dr Chetan Gharat, these user-friendly guides provide patients and caregivers with essential information and practical advice to manage post-procedure recovery at home.

Covering conditions such as Heart Failure (HF), Arrhythmia, Percutaneous Coronary Intervention (PCI), and Coronary Artery Bypass Grafting (CABG), the guides help patients understand their recovery process, recognise potential complications, manage medications, make necessary lifestyle adjustments, and access cardiac rehabilitation resources.

Sidharth Srinivasan, CEO, Lupin Digital Health, said, "With the rising burden of cardiovascular diseases, improving home-based care is no longer optional—it is essential. These guides, developed in collaboration with leading cardiologists, offer

patients the support they need to navigate recovery with confidence, reducing hospital readmissions and ensuring a smoother transition from hospital to home."