Lightrock India announces $15M investment in Sukoon Healthcare

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The Sukoon platform intends to scale to multiple locations, expand specialist services

Lightrock India has made an investment of $15 million and acquired a significant stake in Sukoon Healthcare, a psychiatric inpatient unit based in Gurugram. The investment is to date the largest in the Indian mental health space and is the seed transaction towards creation of India's largest therapeutic behavioural health platform.

The mental health burden of India is large with an estimated 200 million people in India suffering, 1% of whom are expected to require inpatient services. However, there is a severe shortage of specialists to provide care, with only an estimated 10,000 psychiatrists and 1000 clinical psychologists practicing in India. Patients therefore have limited options with over 90% not accessing any form of quality care.

Vidit Bahri and Kanishk Gupta founded Sukoon in February 2020 to empathetically deliver evidence-based care to patients.

Post this transaction, Saleem Asaria, partner at Lightrock India, will assume the role of Executive Chairman and Vidit and Kanishk will assume senior leadership roles.

Vidit Bahri and Kanishk Gupta, said "We are currently expanding our services to Bengaluru and Mumbai as a first step of a pan-India programme of scale."